



Rocket® Stress Incontinence Device (Vaginal Sponge)

INSTRUCTIONS FOR USE

Scope: These instructions cover R57460, 461, 462 & 463 Rocket® Stress Incontinence Devices and derivatives

About the Rocket® Stress Incontinence Device or Vaginal Sponge: The 'vaginal sponge' has been used for many years as a treatment for persistent stress incontinence of urine and may be useful where other methods such as surgery have failed or are not advisable. Although the sponge is not suitable for all forms of urinary incontinence, in suitable patients it can control incontinence immediately.

Description: A surgical foam cylinder with draw string passing through the whole length of the sponge.

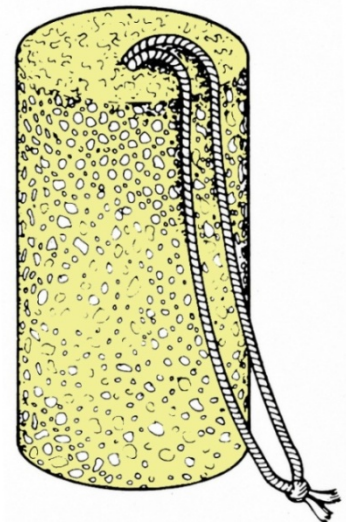
Indications: For the non surgical relief of the symptoms of stress incontinence. For single use.

CAUTION: Only for use on the advice of your doctor or a qualified continence advisor.

Contraindications: The device should not be used in presence of vaginal infection or during menstruation. Not intended as a contraceptive.

Using the Sponge:

1. Before Use: Wash your hands thoroughly.
2. Insert the sponge as you would a tampon. A small amount of KY™ or similar water based gel can be used to aid insertion. Do NOT use oil based creams or ointments with the sponge. If in doubt, consult your doctor or pharmacist.
3. **The sponge should not be used continuously for more than 12 hours. Always remove the sponge at night.**
4. Remove the sponge by gently pulling on the cord.
5. In pre-menopausal patients normal vaginal toilet is usually adequate to prevent irritation and inflammation. For post-menopausal patients, your doctor may advise using an oestrogen cream with the sponge.
6. **CAUTION:** All vaginal sponges can cause irritation, discontinue use if you experience any discomfort, inflammation or signs of vaginal infection. Seek advice from your doctor or qualified continence advisor.



Disposal: In the home this device can be safely disposed of in normal domestic rubbish provided that it is well wrapped in a plastic bag before disposal. In the hospital this device should be handled and disposed of in accordance with local hospital policy and with regard to all applicable regulations, including but without limitation to, those pertaining to human health & safety and care of the environment.

About Toxic Shock Syndrome (TSS): Toxic Shock Syndrome is a rare but serious illness. It is caused by toxins produced by the bacterium *Staphylococcus Aureus* which is commonly found in the vagina. Whilst approximately one third of TSS cases occur in menstruating women and girls using tampons, it can also occur in those using vaginal sponges for the treatment of stress incontinence. Early recognition and treatment of the symptoms is very important. If you have one of more of these symptoms while using the sponge, *remove the sponge and immediately contact your doctor or nurse for advice.*

TSS symptoms can include:

- | | |
|-----------------------------------|--|
| 1. High Fever | 5. Dizziness |
| 2. Vomiting | 6. Muscles aches |
| 3. Diarrhoea | 7. Fainting or near fainting when standing |
| 4. A rash that looks like sunburn | 8. Skin peeling can occur in extreme cases |

Ordering: Rocket® Stress Incontinence Device, individually wrapped, supplied in cartons of 10 sponges.

Small	25mm x 60mm	R57.460
Medium	30mm x 60mm	R57.461
Large	35mm x 60mm	R57.462

Store at room temperature. Avoid prolonged exposure to elevated temperatures.

Manufactured in the UK by: **ROCKET MEDICAL plc** Sedling Road. Washington. Tyne & Wear. NE38 9BZ

www.rocketmedical.com

UK Customer Services: 0191 419 6899