



**Rocket**medical

# Rocket<sup>®</sup> Rectal Injector Set

## INSTRUCTIONS FOR USE

### Scope:

These instructions cover R56.215 Rocket<sup>®</sup> Rectal Injector Set and derivatives

### Indications

For the rectal injection of prescribed rectal solutions to aid bowel movement in patients with neurogenic bowel dysfunction (e.g. spinal cord injury) or other conditions where normal bowel function is compromised. Suitable for self-administration of a rectal solution by the patient or administered by their personal carer.

### Contraindications

Use only on the advice of your doctor, nurse specialist, community nurse or continence advisor who will assess your suitability for this device.

### Procedure:

1. Wash your hands
2. Open the pack and remove the syringe and nozzle assembly.
3. Attach the nozzle to the syringe by gently screwing the white moulding (arrowed) into the top of the syringe.
4. Locate and turn clockwise until tightened. **Do not over tighten.**
5. Draw up the required dose of your rectal injection solution. The rectal injector can also be used to improve the administration of micro-enemas. With scissors, cut the top corner off a the enema pack, insert the nozzle and draw up the contents. Alternatively, decant the micro-enema contents into a clean disposable container (e.g. a medicine pot) and draw up.
6. KY Jelly can be used to lubricate the nozzle if required. Do not use Soft Paraffin BP as this can impair the efficiency of the nozzle.
7. Using the most convenient position (e.g. standing, sitting on the toilet or lying on your side with your knees drawn up), gently insert the nozzle into the rectum 3-4cm. **Do not over insert.**
8. Slowly depress the plunger of the syringe to expel the contents into the bowel, wait a few seconds, then withdraw the nozzle completely.
9. Discard the combined syringe and nozzle assembly and wash your hands.
10. Do not be tempted to re-use the device - even after washing. The nozzle is a soft material and is designed for single use.



### Disposal:

In the home this device can be safely disposed of in normal domestic rubbish provided that it is well wrapped in a plastic bag before disposal. In the hospital this device should be handled and disposed of in accordance with local hospital policy and with regard to all applicable regulations, including but without limitation to, those pertaining to human health & safety and care of the environment.

**DISCARD AFTER SINGLE USE - NOT FOR LONG TERM USAGE.**

Store at room temperature. Avoid prolonged exposure to elevated temperatures or strong sunlight.

Reorder Numbers: R56.215

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Rev.02

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