

# Rocket<sup>®</sup> Rectal Solution Injector Set

## INSTRUCTIONS FOR USE

**Scope:**

These instructions cover R56215-M Rocket<sup>®</sup> Rectal Solution Injector Set (Moulded) and derivatives.

**Indications**

For the rectal injection of prescribed rectal solutions to aid bowel movement in patients with neurogenic bowel dysfunction (e.g. spinal cord injury) or other conditions where normal bowel function is compromised. Suitable for self-administration of a rectal solution by the patient or administered by their personal carer.

**Contraindications**

Use only on the advice of your doctor, nurse specialist, community nurse or continence advisor who will assess your suitability for this device.

**Recommendations:**

The device is supplied non-sterile and the use of non-sterile gloves to protect against possible contamination with bodily fluids is recommended. Personal carers are expected to undertake this procedure with due regard to local standard precautions regarding hand washing and make appropriate use of personal protective equipment (gloves and aprons) as provided by their employer.

**Procedure:**

1. First, wash your hands.
2. Open the pack and remove the syringe and moulded nozzle assembly.
3. Attach the nozzle to the syringe by gently screwing the moulding into the top of the syringe.
4. Locate and turn clockwise until tightened. **Do not over tighten.**
5. Draw up the required dose of your rectal injection solution. The rectal injector can also be used to improve the administration of micro-enemas. With scissors, cut the top corner off a the enema pack, insert the nozzle and draw up the contents. Alternatively, decant the micro-enema contents into a clean disposable container (e.g. a medicine pot) and draw up.
6. Note: The nozzle has a dead space of 0.7ml from the syringe connection to the first hole (counting up from the flange).
7. A lubricant such as KY<sup>®</sup> Jelly should be used to lubricate the nozzle if required.
8. Using the most convenient position (e.g. sitting on the toilet or lying on your side with your knees drawn up), gently insert the nozzle into the rectum. **Do not attempt to insert beyond the moulded flange.**
9. Slowly depress the plunger of the syringe to expel the contents into the bowel, wait for 30 seconds, then slowly withdraw the nozzle completely.
10. Discard the combined syringe and nozzle assembly and wash your hands.
11. Do not be tempted to re-use the device - even after washing. The nozzle is constructed of a soft medical grade material and is designed for single use.

**Disposal:**

In the home this device can be safely disposed of in normal domestic rubbish provided that it is well wrapped in a plastic bag before disposal. In the hospital this device should be handled and disposed of in accordance with local hospital policy and with regard to all applicable regulations, including but without limitation to, those pertaining to human health & safety and care of the environment.

**DISCARD AFTER SINGLE USE**

Store at room temperature. Avoid prolonged exposure to elevated temperatures or strong sunlight.

Reorder Number: R56215-M

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